



A.S.D Effekappa dance School – Poggibonsi –SALA TROPICAL

| Lunedì | Martedì | Mercoledì | Giovedì | Venerdì |
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| 17.00 – 18.00  Latin Baby 4/6 | 17.00 – 18.00 Contemporanea | 17.00 – 18.00  Latin Basic | 17.00 – 18.00 Contemporanea | |
| 18.00 – 19.00  Latin Basic | 18.00 – 19.00 Moderna | 18.00 – 19.00  Latin Intermedio | 18.00 – 19.00 Moderna | 18.00 – 19.30  Latin Stamina |
| 19.00 – 20.00  Latin Stamina | 19.00 – 20.00 Contemporanea Adulti | 19.00 – 20.00  Latino Avanzato | 19.00 – 20.00 Contemporanea Adulti | |
| | 20.00 – 21.00  Dance4Slim | | 20.00 – 21.00  Dance4Slim | |
| 21.30 – 23.00 Liscio – Sala -Standard | 21.30 – 23.00 Salsa y Bachata | 21.00 – 22.30  Danze Standard | | |
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A.S.D Effekappa dance School – Poggibonsi –SALA POLAR

| Lunedì | Martedì | Mercoledì | Giovedì | Venerdì |
|---|-------------------------------|------------------------------------|-------------------------------|---------------------------------|
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| | 16.30 – 17.30 Canto | | 16.30 – 17.30 Canto | 16.30 – 17.30 Musical |
| 17.00 – 18.00 Brakdance | | 17.00 – 18.00 Hip Hop | | |
| 18.00 – 19.00 Yoga | | 18.00 – 19.00 Breakdance | 18.00 – 19.00 Yoga | |
| 19.00 – 20.00 Danza Orientale | | | | |
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